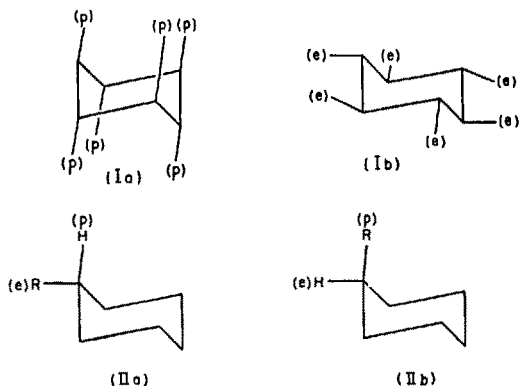


STUDIORUM PROGRESSUS

The Conformation¹ of the Steroid NucleusBy D. H. R. BARTON², Cambridge, Mass.

In recent years it has become generally accepted that the chair conformation of cyclohexane is appreciably more stable than the boat. In the chair conformation it is possible^{3,4} to distinguish two types of carbon-hydrogen bonds; those which lie as in (Ia) perpendicular to a plane containing essentially the six carbon atoms and which are called³ *polar* (p), and those which lie as in (Ib) approximately in this plane. The latter have been designated³ *equatorial* (e).

The notable researches of HASSEL and his collaborators^{5,6} on the electron diffraction of cyclohexane derivatives have thrown considerable light on these more subtle aspects of stereochemistry. Thus it has been shown⁵ that monosubstituted cyclohexanes adopt the equatorial conformation (IIa) rather than the polar one (IIb). This is an observation of importance for it indicates that the equatorial conformations are thermodynamically more stable than the polar ones. It should perhaps be pointed out here that although one conformation of a molecule is more stable than other



possible conformations, this does *not* mean that the molecule is *compelled* to react as if it were in this conformation or that it is rigidly fixed in any way. So long as the energy *barriers* between conformations are small, separate conformations cannot be distinguished by the classical methods of stereochemistry. On the other hand a small difference in free energy content (about one kilocal. at room temperature) between two possible conformations will ensure that the molecule appears by physical methods of examination and by thermodynamic considerations to be substantially in only *one* conformation.

¹ The word conformation is used to denote differing strainless arrangements in space of a set of bonded atoms. In accordance with the tenets of classical stereochemistry, these arrangements represent only one molecular species.

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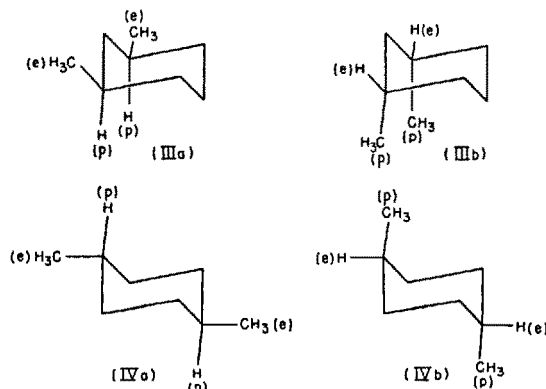
³ C. W. BECKETT, K. S. PITZER, and R. SPITZER, J. Amer. Chem. Soc. **69**, 2488 (1947).

⁴ O. HASSEL's nomenclature⁵ is different, but the distinction remains the same.

⁵ O. HASSEL and H. VIERVOLL, Acta Chem. Scand. **1**, 149 (1947).

⁶ See O. HASSEL and B. OTTAR, Acta chem. Scand. **1**, 929 (1947) for a summarizing paper and references to earlier work.

The equatorial conformations are also the more stable in both *cis*-1:3- and *trans*-1:4- disubstituted cyclohexanes¹. Thus *cis*-1:3-dimethylcyclohexane adopts the diequatorial conformation (IIIa) rather than the dipolar one (IIIb), whilst *trans*-1:4-dimethylcyclohexane exists as (IVa) rather than (IVb).



Thermodynamic calculations¹ show that *trans*-1:2-dimethylcyclohexane takes up the diequatorial conformation (V; R=CH₃) rather than the dipolar one (VI; R=CH₃). For *cis*-1:2-disubstituted cyclohexanes there are two possible conformations. In both of these one of the substituents forms an equatorial bond, the other a polar one. Since these differences in thermodynamic stability between equatorial and polar conformations are presumably of steric origin¹, it would appear logical to make the larger substituent form the equatorial bond.

Considerations of the same type can be extended to 2-substituted cyclohexanols. Thus^{2,3} the *cis*-alcohols (VII; R=alkyl), on equilibration by heating with sodium, furnish almost entirely the *trans*-isomers (VIII; R=alkyl). In the former one substituent is polar, one equatorial; in the latter both are equatorial. The same conclusion on relative stability is reached from a consideration of thermochemical data⁴. Similarly⁵ the 2:6-disubstituted cyclohexanol (IX), with two equatorial and one polar substituents, is isomerized to (X) on equilibration. The situation is the same³ with the bicyclic *trans*- α -decalol. Here the isomer (XI) is isomerized to (XII) on equilibration.

A consideration of the conformations⁶ (XIII) and (XIV), assumed by the steroid nucleus when the A/B ring fusion is respectively *trans*- and *cis*-, provides a striking illustration of the usefulness of the concept of

¹ C. W. BECKETT, K. S. PITZER, and R. SPITZER, J. Amer. Chem. Soc. **69**, 2488 (1947).

² G. VAVON, Bull. Soc. Chim. [4], **49**, 937 (1931).

³ W. HÜCKEL, Ann. Chem. **533**, 1 (1937).

⁴ A. SKITA and W. FAUST, Ber. Dtsch. Chem. Ges. **64**, 2878 (1931).

⁵ G. VAVON and P. ANZIANI, Bull. Soc. Chim. [5], **4**, 1080 (1937).

In connection with the conformations of poly-substituted cyclohexanes it should be mentioned that O. BASTIANSEN, O. ELLERSEN, and O. HASSEL, (Acta chem. Scand. **3**, 918 [1949]) have recently shown that the five stereoisomeric benzene hexachlorides assume, in agreement with our general argument, those conformations which have the maximum possible number of equatorial carbon-chlorine bonds.

⁶ Conformations (XIII) and (XIV) are unambiguous representations of the steroid nucleus provided that rings A, B, and C are chairs. This is almost certainly true for a *trans*-A/B ring fusion (compare the X-ray evidence of C. H. CARLISLE and D. CROWFOOT (Proc. Roy. Soc. A **184**, 64 [1945]) on the conformation of cholesteryl iodide) and a similar situation, at least in solution, probably holds for a *cis*-A/B fusion. The justification for the latter has been more

Table I

Observation	Exptl. Method	References
<i>Cholestane Series</i> 2 α (e) more stable than 2 β (p) 3 β (e) more stable than 3 α (p) 4 α (e) more stable than 4 β (p)	Reduction of 2-one Equilibration Reduction of 4-one**	L. RUZICKA, P. A. PLATTNER, and M. FURRER, <i>Helv. chim. acta</i> 27, 524 (1944), pp. 98, 636* R. TSCHESCHE and A. HAGEDORN, <i>Ber.</i> 68, 2247 (1935). - L. RUZICKA, P. A. PLATTNER, and M. FURRER, <i>loc. cit.</i> pp. 223, 653. I. M. HEILBRON, W. SHAW, and F. S. SPRING, <i>Rec. Trav. Chim.</i> 57, 529 (1938). D. H. R. BARTON and E. MILLER, <i>J. Amer. Chem. Soc.</i> 72, 1066 (1950).
6 α (e) more stable than 6 β (p) 7 β (e) more stable than 7 α (p) 5 β (e, p), 6 α (e)-dibromide more stable than 5 α (p), 6 β (p)-dibromide	Reduction of 6-one Reduction of 7-one*** Equilibration	
<i>Coprostone Series</i> 3 α (e) more stable than 3 β (p) 11 α (e) more stable than 11 β (p) 12 β (e) more stable than 12 α (p)	Equilibration Equilibration Equilibration	pp. 99, 636. L. F. FIESER, preceding paper. pp. 461, 657.

* All references reported in this way are to L. F. FIESER and M. FIESER, *Natural Products Related to Phenanthrene* (3rd Edition, 1949, Reinhold Publishing Corp.).

** The configurations are assigned (*vide infra*).

*** According to the standard tables of D. H. R. BARTON and

W. KLYNE (*Chem. and Ind.* 755 [1948]) 7 β -hydroxycholestane should have $[\alpha]_D$ ca. +52°, whilst the 7 α -isomer should exhibit $[\alpha]_D$ ca. +8°. I. M. HEILBRON, W. SHAW, and F. S. SPRING, *loc. cit.*, observed $[\alpha]_D$ +51° and therefore the configuration of their alcohol must be 7 β -.

polar and equatorial bonds. The relationship between the α - and β -nomenclature introduced by FIESER¹ and the occurrence of polar and equatorial bonds is also summarized in (XIII) and (XIV).

Thermodynamic Considerations. In a number of cases equilibration of hydroxyl groups at secondary positions in the steroid nucleus has been carried out. At other positions the corresponding ketones have been reduced by sodium and alcohol, a process which (in cyclohexane derivatives) is well established to give the thermodynamically more stable alcohols in approximately the same proportions as from equilibration experiments². It is possible therefore to see how well the concept of more stable equatorial conformations is obeyed. As set out in Table I the expected relationships are observed. Also included in this Table is a reference to the equilibration of 5 α :6 β -dibromocholestane with the 5 β :6 α -isomer, for this is clearly relevant to the issue under discussion.

Elimination Evidence. Reactions whose mechanisms require concerted 1:2-elimination should proceed more readily when the four centres involved (the two carbon atoms and the two substituents) lie in one plane. For concerted ionic elimination reactions in cyclohexane derivatives the optimum arrangement of the substituents for the minimization of the activation energy is that in which both are polar^{3,4}. There is much evidence in

the literature which confirms this. Thus¹ cis-2-substituted cyclohexanols (VII) undergo acid catalysed dehydration [elimination of H(p) and OH(p)] more readily than the trans-isomers (VIII). In the menthol series² neomenthol (XV; R=CH₃, R'=H) loses water easily relative to

Table II

Observation Easy elimination of	References
<i>Cholestane Series</i> 6 β -OH (p) and 5 α -H (p) 6 β -H (p) and 5 α -Cl (p) 6 β -Br (p) and 5 α -Br (p) 7 α -OH (p) and 8 β -H (p)	D. H. R. BARTON and W. J. ROSENFIELDER, <i>J. Chem. Soc.</i> 2459 (1949). D. H. R. BARTON and E. MILLER, <i>J. Amer. Chem. Soc.</i> 72, 1066 (1950). D. H. R. BARTON and E. MILLER, <i>loc. cit.</i> pp. 241, 242, 631
<i>Coprostone Series</i> 7 α -OH (p) and 8 β -H (p) 11 β -OH (p) and 9 α -H (p) 11 β -Br (p) and 9 α -H (p)	pp. 118, 631 pp. 408, 630 pp. 460, 631

menthol (XVI; R=CH₃, R'=H) and neoisomenthol (XV; R=H, R'=CH₃)₃ dehydrates easily relative to isomenthol (XVI; R=H, R'=CH₃)³. There are a number of interesting examples of this sort of phenomenon in steroid compounds. A summary is given in Table II.

¹ G. VAVON, *Bull. Soc. Chim.* [4], 49, 937 (1931).

² For summary see J. L. SIMONSEN and L. N. OWEN, *The Terpenes*, Vol. I (Cambridge University Press, 1947).

³ Of course for pyrolytic elimination of substituents by "unimolecular" mechanisms (see D. H. R. BARTON, *J. Chem. Soc.* 2174 [1949]) cis-elimination is the rule and the discussion given here is no longer relevant.

extensively presented elsewhere^{4,5}. See also the discussion by SOBOTKA⁶.

¹ L. F. FIESER, *The Chemistry of Natural Products Related to Phenanthrene* (1st Ed. 1936, Reinhold Publishing Corporation).

² See footnotes 2 and 3 on p. 316, 2nd column.

³ E. D. HUGHES and C. K. INGOLD *et al.*, *J. Chem. Soc.* 2117 (1948).

⁴ D. H. R. BARTON and E. MILLER, *J. Amer. Chem. Soc.* 72, 1066 (1950).

⁵ O. BASTIANSEN and O. HASSEL, *Nature* 157, 765 (1946). O. HASSEL and H. VIERVOLL, *Acta chem. Scand.* 1, 149 (1947) and papers there cited. - D. H. R. BARTON, *J. Chem. Soc.* 340 (1948).

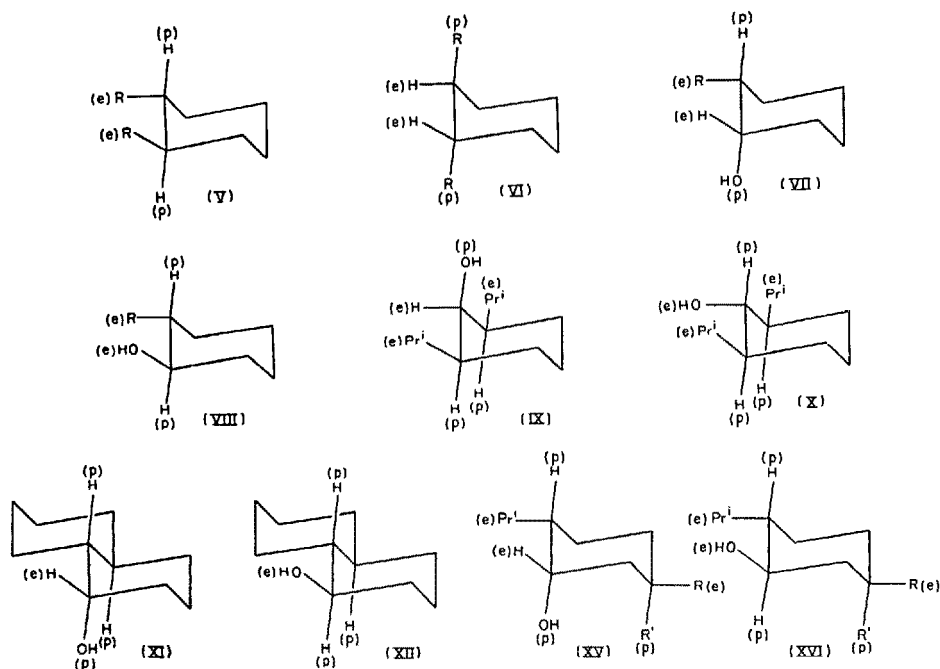
⁶ H. SOBOTKA, *The Chemistry of the Steroids*, 1938, p. 48 *et seq.* (The Williams and Wilkins Co.).

Table III

Observation	References
<i>Cholestane Series</i>	
2 β -OH (p) more hindered than 2 α -OH (e)	A. FÜRST and P. A. PLATTNER, <i>Helv. chim. acta</i> 32, 275 (1949). pp. 635, 636
3 α -OH (p) more hindered than 3 β -OH (e)	p. 223
6 β -OH (p) more hindered than 6 α -OH (e)	L. F. FIESER and S. RAJAGOPALAN, <i>J. Amer. Chem. Soc.</i> 71, 3938 (1949).
6 α -H (e) more easily oxidized than 3 α -H (p)	G. VAVON and B. JACUBOWICZ, <i>Bull. Soc. Chim.</i> [4], 53, 581 (1933).
3 β -H (e) more easily oxidized than 3 α -H (p)	
<i>Coprostone Series</i>	
3 β -OH (p) more hindered than 3 α -OH (e)	pp. 635, 636
6 β -OH (p) more hindered than 6 α -OH (e)	p. 652
11 β -OH (p) more hindered than 11 α -OH (e)	p. 408
12 α -OH (p) more hindered than 12 β -OH (e)	p. 658
7 α -OH (p) and 12 α -OH (p) more hindered than 3 α -OH (e)	p. 125
7 β -H (e) and 12 β -H (e) more easily oxidized than 3 β -H (p)	p. 126; L. F. FIESER and S. RAJAGOPALAN, <i>J. Amer. Chem. Soc.</i> 71, 3935 (1949).

Steric Hindrance Evidence. The applicability of steric hindrance evidence in the assignment of configuration has long been recognised, although such assignments are not always reliable¹. It seems possible to explain the relative magnitudes of many of the phenomena of steric hindrance in cyclohexane derivatives on the basis that polar bonds are more hindered than the corresponding equatorial bonds. An inspection of models makes this

hydroxyls are more difficult to esterify, and their esters more difficult to hydrolyse, than the corresponding trans-alcohols and their esters. The same effects are observed with trans- α -decalol¹. The esters of the alcohol (XI) (polar hydroxyl) are more difficult to hydrolyse than those of the alcohol (XII) (equatorial hydroxyl). In the menthol series² menthol (XVI; R=CH₃, R'=H) is more easily esterified than neomenthol (XV; R=CH₃,



reasonable for a polar bond is always close in space to two other polar bonds each attached to the next but one carbon atom, whereas there is no similar relationship for equatorial bonds.

In support² of this generalization it has been observed that cis-2-substituted cyclohexanols (VII) with polar

R'=H) and a similar relationship holds for isomenthol (XVI; R=H, R'=CH₃) and neoisomenthol (XV; R=H, R'=CH₃).

However, a reverse relationship holds³ for chromic acid oxidation of 2-substituted cyclohexanols. Here the cis-alcohols are oxidized more rapidly than the trans-

¹ W. HÜCKEL, *Ann. Chem.* 533, 1 (1937). - Compare the preceding paper in which L. F. FIESER has discussed steric effects under the headings intraradial and extraradial.

² G. VAVON, *Bull. Soc. Chim.* [4], 49, 937 (1931).

¹ W. HÜCKEL *et al.*, *Ann. Chem.* 533, 128 (1937).

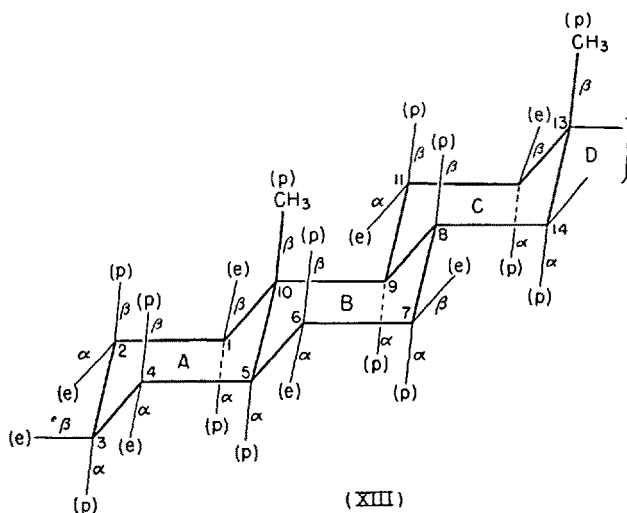
² For summary see: J. L. SIMONSEN and L. N. OWEN, *The Terpenes*, Vol. I (Cambridge University Press, 1947).

³ G. VAVON, *Bull. Soc. Chim.* [4], 49, 937 (1931).

This observation is adequately accommodated by the present theory if the rate determining step is attack upon the carbon-hydrogen bond rather than upon the carbon-hydroxyl linkage.

The situation in the steroid field is summarized in Table III. In every case the expected order of hindrance holds good. Also included are data for oxidations of alcohols by Br^+ to give the corresponding ketones. If such oxidations are assumed to involve attack upon the carbon-hydrogen bond then the results are in agreement with the other observations summarized in the Table.

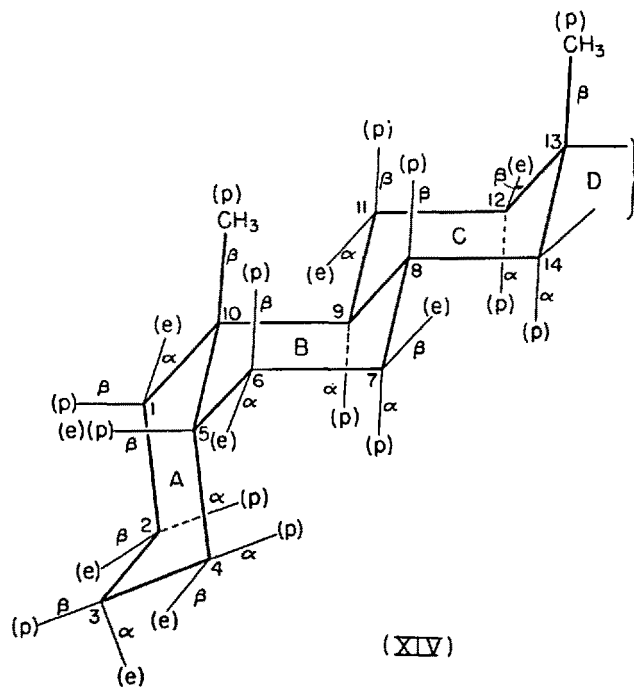
Although the concept of polar and equatorial bonds is not, of course, applicable to cyclopentane, it is of interest to note that the 17α -bond in the steroid nucleus has, because of the ring fusion to a six-membered ring, the character of a polar bond with respect to that ring. Also the 17β -bond has in its relationship to ring C the aspect of an equatorial bond. These facts are in agreement with the greater thermodynamic stability of 17β -substituents and the greater degree of steric hindrance shown by 17α -substituents¹.



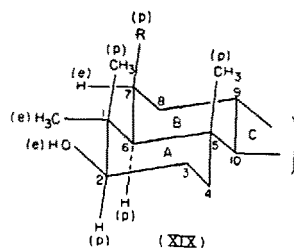
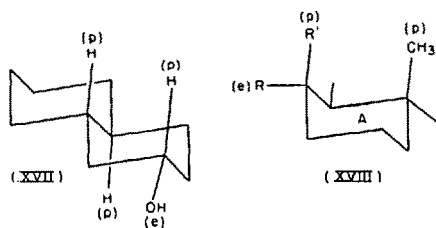
Use of the Concept. It will be clear that it is possible to assign configurations on the basis of the concept of polar and equatorial bonds. One such example has already been given in Table I. An additional illustration is provided by trans- β -decalol². The more stable epimer m.p. 75° must have the hydroxyl in the equatorial conformation as in (XVII); this is in agreement with the fact that its esters are more rapidly hydrolysed than those of the epimeric (polar hydroxyl) alcohol. Other examples are mentioned below.

Extension to di- and tri-terpenoids. It would seem reasonable to extend the concept of equatorial and polar bonds to the correlation of the stereochemistry of other ring systems built up from fused cyclohexane units. Thus ring A of the diterpenoid abietic acid may be represented³ by (XVIII; $\text{R}=\text{CO}_2\text{H}$, $\text{R}'=\text{CH}_3$) with the carboxyl occupying an equatorial conformation. It is understandable then that the esters of this acid should

be more easily hydrolysed than those of (say) podocarpic acid where ring A is as shown in (XVIII; $\text{R}=\text{CH}_3$, $\text{R}'=\text{CO}_2\text{H}$), for in the latter the carboxyl occupies the more hindered polar conformation.



Now that it is recognised¹ that rings A and B of the α - and β -amyrin groups of triterpenoids and also² those of the lupeol group are trans-fused, it is possible to make a tentative representation of their stereochemistry



as shown in (XIX; $\text{R}=\text{H}$). Placing the hydroxyl in the equatorial conformation explains the more facile hydrolysis of β -amyrin acetate relative to epi- β -amyrin

¹ L. F. FIESER, *Exper.* 6, 312 (1950).

² W. HÜCKEL, *Ann. Chem.* 533, 1 (1937). - W. HÜCKEL *et al.*, *Ann. Chem.* 533, 128 (1937).

³ D. H. R. BARTON, *Quart. Rev.* 3, 36 (1949).

¹ D. H. R. BARTON, *Quart. Rev.* 3, 36 (1949).

² T. R. AMES and E. R. H. JONES, *Nature* 164, 1090 (1949).

acetate¹ and of lupanol relative to epi-lupanol². It also accounts for the easy elimination of water accompanied by molecular rearrangement, which is induced in these compounds or their derivatives by treatment with phosphorus pentachloride³. Such a reaction then becomes comparable to the very easy dehydration of isoborneol to give camphene, in that all the four atomic centers of importance in the reaction lie in one plane. The marked hindrance of the 7-hydroxyl group in sumaresinolic acid and its easy elimination under acid dehydrating conditions⁴ are best explained if it has the polar conformation as in the part expression (XIX; R=OH).

In connection with the nomenclature of triterpenoids it would appear desirable to extend FIESER's α -, β -convention for steroids to cover triterpenoid stereochemistry also. A convenient reference point is the C₆ methyl group. Substituents on the same side of the main-ring plane as this methyl group should be regarded as having the β -configuration, those on the opposite side as having the α -configuration. Thus sumaresinolic acid would be designated 2 β :7 β -di-hydroxyolean-12-ene-17-carboxylic acid.

Zusammenfassung

Beim Cyclohexan und seinen Abkömmlingen kann man die nicht an der Ringbildung beteiligten Valenzen der Kohlenstoffatome in «äquatoriale» und «polare» einteilen. Jedes Ringkohlenstoffatom hat eine polare und eine äquatoriale Bindung.

An einem gegebenen Kohlenstoffatom ist ein äquatorial gebundener Ligand thermodynamisch stabiler als ein polar gebundener. Zwei benachbarte Substituenten werden, wenn es sich um Ionenreaktion handelt, leichter abgespalten, wenn sie beide «polar» gebunden sind, als wenn einer von ihnen oder beide «äquatoriale» Bindungen besetzen. Ein Ligand in der polaren Stellung an einem gegebenen Kohlenstoffatom unterliegt stärkerer sterischer Hinderung als in der äquatorialen Anordnung.

Die Anwendung dieser allgemeinen Regeln auf die Steroidchemie wird kurz beschrieben. Dabei wird die Abhängigkeit dieser Anwendung von der für den Sterinkern angenommenen Konfiguration betont.

Die Ausdehnung dieser Ideen auf das Gebiet der Di- und Triterpenoide wird angedeutet.

¹ L. RUZICKA and H. GUBSER, *Helv. chim. acta* 28, 1054 (1945); these authors assigned the opposite configuration at C₆.

² R. NOWAK, O. JEGER, and L. RUZICKA, *Helv. chim. acta*, 32, 323 (1949). The equatorial conformation for the hydroxyl group in these compounds is also indicated by the fact that β -amyirin is more stable thermodynamically than epi- β -amyirin (L. RUZICKA and W. WIRZ, *ib.*, 24, 248 (1941)).

³ L. RUZICKA, M. MONTAVON, and O. JEGER, *Helv. chim. acta* 31, 819 (1948); and earlier papers from the same laboratory.

⁴ L. RUZICKA, O. JEGER, A. GROB, and H. HÖSLI, *Helv. chim. acta*, 26, 2283 (1943).

Congress

ENGLAND

International Congress on Analytical Chemistry in 1952

Considerable progress has been made in connection with the arrangements for the International Congress on Analytical Chemistry which is to be held in Britain in 1952.

It has been decided that the meetings shall be held in Oxford, commencing on 4th September. Accommodation will normally be provided in Colleges but some Hotel accommodation will also be available. The technical sessions will take place in one of the main University buildings.

The period of the Congress will include a week-end and excursions and visits will be planned to take place during this period.

The arrangements for the Congress are in the hands of a General Committee representing a wide variety of interests and under the Chairmanship of the President of the Royal Society, Sir ROBERT ROBINSON, O.M.

The scope of the Congress is under active consideration by an Executive Committee, under the Chairmanship of the President of the Society of Public Analysts and Other Analytical Chemists, Mr. G. TAYLOR, M.B.E., F.R.I.C., and further details of this and other matters will be published in due course.

It is expected that a meeting of the Board of Section V., Analytical Chemistry, of the International Union of Pure and Applied Chemistry, will be held in Oxford during the same week. Sir IAN HEILBRON, F.R.S., is Honorary President and Professor C. J. VAN NIEUWENBURG, President, of this Section of the International Union.

Sir WALLACE AKERS, C.B.E., is Honorary Treasurer of the Congress and the Honorary Secretary is Mr. R. C. CHIRNSIDE, F.R.I.C., Research Laboratories, The General Electric Co. Ltd. Wembley, England.

Corrigendum

J. R. BILLETER und K. MIESCHER, *Darstellung von 4-Ring-Ketonen aus dem trizyklischen Keton von Köster und Logemann*, *Exper.* 6, 261 (1950):

Die Autoren machen uns darauf aufmerksam, daß die Fußnote 1 in der linken Kolonne heißen muß: 97. Mitteilung der Reihe «Über Steroide» (96. Mitt. siehe *Helv. chim. acta* 33, 388 [1950]) anstatt 96. und 95. Mitteilung.